

Breastfeeding Certificate Guide

CLE- Certified Lactation Educator

CAPPA Website (Certifying Body): <https://cappa.net/training-certification/certified-lactation-educator-cle/#traditional>

Certification requirements:

- The requirements to become a CLE, not including re-certification, are as follows per CAPPA:
 - Complete the 20 hour in-person or virtual course; AND
 - Enroll in the Lactation Educator Traditional Course; AND
 - Pass the Scope of Practice Pretest. A 100% passing grade is required.
 - Read and watch the video clips from the Understanding Breastfeeding Booklet.
 - Document attendance of at least 1 in person OR 2 virtual La Leche League (LLL), Nursing Mother's Council, or local breastfeeding support meetings. Details/forms are provided within CAPPA Academy.
 - Observe a breastfeeding consultation. Details/forms are provided within CAPPA Academy.
 - Option #1 Attend and review an in person IBCLC or CLC visit with one family.
 - Option #2 Attend and review a virtual lactation consultation with an IBCLC or CLC visit with one family.
 - Option #3 watch and review DR JACK NEWMAN'S VISUAL GUIDE TO BREASTFEEDING.
 - Complete a compare-contrast paper of 2 different research studies. Details/forms are provided within CAPPA Academy.
 - Student teach or submit a video of (1) 30-minute lesson OR (2) 15-minute lessons. Hand in a detailed outline and curriculum for the presentations taught.
 - Create a Resource List with information on local support for parents. A guide for creating this list is found in CAPPA Academy.
 - Obtain 2 letters of recommendation from professionals. Details are provided within CAPPA Academy.
 - Sign and agree to the following:
 - Code of Conduct
 - Social Media Policy
 - Grievance Policy
 - CAPPA Mission
 - CAPPA Approach
 - CAPPA Vision
 - Scope of Practice
 - Pass the multiple-choice exam. A passing grade is 85% or higher. If a student does fail an exam, resubmission fees may apply.
 - Pass the essay exam. The essay exam is graded on a pass-fail basis. If a student does fail an exam, resubmission fees may apply.
 - Mail all completed materials to:
 - PO Box 340
 - Hoschton, GA 30548

Recertification requirements: <https://cappa.net/training-certification/recertification/>

- Maintain continuous membership in CAPPA.
- Document 15 hours of continuing education in pregnancy, labor, breastfeeding, or postpartum approved by CAPPA.
- When CEUs are required for re-certification with CAPPA, the CEUs must be relevant to the program you are certifying /recertifying in.
- The CEUs must have been obtained within the last three years of your recertification date.
- Sign and agree to the most current CAPPA Policies included in the recertification forms.
- Read 10 research studies from peer reviewed journals published within the last 5 years.
- Submit \$75 recertification fee.

CLC- Certified Lactation Counselor

Academy of Lactation Policy and Practice website (certifying body): <https://www.alpp.org/>

Certification requirements:

- There are 3 pathways which can be viewed on this webpage: <https://www.alpp.org/certifications/certifications-clc/>

1. Comprehensive Course Pathway

This Pathway is designed for the person looking to take a single, comprehensive, course that covers all the skills and competencies necessary for breastfeeding counseling and human lactation. Individuals who complete this Pathway must successfully complete The Center for Breastfeeding's Lactation Counselor Training Course. This course meets the following requirements:

- 52 hours of training based on the WHO/UNICEF (World Health Organization/United Nations Children's Fund) Breastfeeding Counseling Training Course, that is worth a minimum of 3 college credits, and
- Demonstrates the competencies and skills required to provide safe, evidence-based counseling for pregnant, lactating, and breastfeeding women, within the context of the course

Course completion documents must include verification of competencies. For this pathway, candidates do not need to submit an application or any other forms to sit for the CLC exam; the application will be submitted directly from the Center for Breastfeeding.

2. Aggregate Pathway

You may take the ALPP Lactation Counselor Certification Exam if you provide documentation of the following:

- Proof of completion of a minimum of 45 hours of education within the past year that relates directly to the WHO/UNICEF (World Health Organization/United Nations Children's Fund) Breastfeeding Counseling Training Course; may be collected from different courses (must submit the completed Academic Content Checklist).
- Proof of mastery of the skills and competencies necessary for breastfeeding counseling through directly supervised lactation care (submit the completed Counseling Skills Attestation).
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If you meet the above criteria, you may submit the following to the Academy of Lactation Policy and Practice:

- Application for CLC exam (alternate pathways)
- Certificate(s) or transcripts for educational course(s)
- Academic Content Checklist
- Counseling skills attestation
- Applicant resume
- Resume(s) of Counseling Skills Attestation supervisor(s)
- Signed candidate application statement
- Certificates submitted must indicate the name of program(s), date(s) completed, relevant hours, and sponsoring agency. Education sponsored by manufacturers or distributors of infant formula, baby food, bottles, nipples, pacifiers, including pump companies that violate the scope of the WHO International Code of Marketing of Breastmilk Substitutes, or continuing education that does not meet ALPP eligibility criteria will not be accepted.

3. The Alternate Pathway

To qualify to sit for the ALPP Certified Lactation Counsellor (CLC) exam in the alternate pathway, candidates must be a graduate of a Commission on Accreditation of Allied Health Education Programs (CAAHEP) approved, post-secondary, lactation consultant program.

If you meet the above criteria, you may submit the following to the Academy of Lactation Policy and Practice:

- Application for CLC exam (alternate pathways)

- Transcript indicating completion of a CAAHEP approved, post-secondary, lactation consultant program
- Counseling skills attestation
- Applicant resume
- Resume(s) of counseling skills attestation supervisor(s)
- Signed candidate application statement

Recertifying requirements: <https://www.alpp.org/recertification/recertification-clc/>

- In order to renew, CLCs must submit a completed application and documentation of 18 or more hours of continuing education specific to breastfeeding completed in the 3 years prior to the expiration date on their certificate.

CBS- Certified Breastfeeding Specialist

Lactation Education Resources website (certifying body): <https://www.lactationtraining.com/>

Certification requirements:

- Viewable on this webpage: <https://www.lactationtraining.com/cbs-info>
 - Complete the 52+ hour Core Lactation Consultant Course
 - Pass the final exam (included in the course)
 - Recertify every five years to remain active (no additional exam required)

Recertification Requirements:

- Viewable on this webpage: <https://www.lactationtraining.com/shop/other-resources/recertify-cbs>
 - 20 L or E CERPs obtained during your 5 year CBS certification period (available online from LER or from any conference that you attended which awarded you L-CERPs or E-CERPs)
 - \$125 USD Renewal Fee